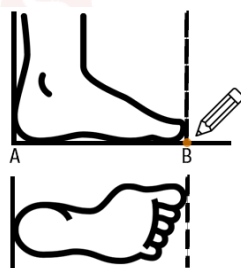


Zamberlan Footwear Size Guide

The table below serves as a guide for selecting the correct Zamberlan footwear size according to the shoe last used.

EU	Regular	Technical	Wide	UK	US Men	US Lady
36	22.3	22.7	23.1	3.5	-	5.5
37	23.0	23.4	23.7	4	-	6
38	23.6	24.1	24.4	5	5	6.5
39	24.3	24.7	25.1	6	5.5	7
40	25.0	25.4	25.7	6.5	6.5	8
41	25.6	26.1	26.4	7	7.5	9
42	26.3	26.7	27.1	8	8	9.5
43	27.0	27.4	27.7	9	9	11
44	27.6	28.1	28.4	10	9.5	-
45	28.3	28.7	29.1	10.5	10.5	-
46	28.9	29.4	29.7	11	11.5	-
47	29.6	30.1	30.4	12	12	-
48	30.3	30.7	31.0	13	13	-

How to Measure Your Foot Length



1. Stand with your heel against a wall on a flat surface.
2. Mark the longest point of your foot (usually the toe).
3. Measure the distance between point A and point B.
4. Compare the measured value with the size chart above.

Types of Zamberlan Lasts

Regular – standard width suitable for most hiking models.

Technical – narrower and more precise shape for technical mountain use.

Wide – wider fit for users who prefer more room and comfort.